

## Sutherland Shire Canoe Club Covid-19 Safety Plan – 18 July 2020

Paddle Australia has provided guidelines to assist us to operate the Club in a Covid-19 safe manner. **John Denyer is SSCC's Covid-19 Safety Officer.**

Until further notice:

- 1) If you have COVID-19 symptoms, get tested at a [COVID-19 testing clinic](#). [Symptoms](#) include cough, sore/scratchy throat, shortness of breath or fever. Self-isolate until you get your results.
- 2) While at the clubhouse or during club events, members must **practice safe distancing and good hand hygiene practices**. Hand sanitiser will be available for members to use.
- 3) **Members should use their own equipment** including boats, PFD, kayak stands, buckets, water, chair, etc.
- 4) Members should **bring their own food and drinks** (including tea or coffee, utensils and cutlery). Members are required to place any rubbish in the park bins or take it away with them.
- 5) **Members who have made prior arrangements with the COVID-19 Safety Officer or a Committee Member will be permitted to use club equipment. Club equipment must be thoroughly cleaned with soap or detergent** after use and put the equipment away. This includes: boats, paddles, lifejackets, kayak stands, buckets, etc.
- 6) Paddlers and visitors (including the parents / guardians of junior members) must **ensure that the Opening / Closing officer records their name and contact information in the attendance book**.
- 7) **Access to club facilities:**
  - a. The clubhouse kitchen, toilet and showers are closed.
  - b. Members should not access the kitchen area and should avoid entering the boat shed.
  - c. Members should not access the boat storage room unless prior arrangements have been made with the COVID-19 Safety Officer or a Committee Member
- 8) The Club will not provide food or drinks to members.
- 9) Members are encouraged to leave the clubhouse area as soon as practical after they have completed their paddling activities.
- 10) Members may be asked to leave the Club area if they appear unwell or do not comply with the Club's Covid-19 Safety Plan.
- 11) Members should download the **COVIDSafe app** on their phone.

In accordance to advice from Paddle Australia, club time trials (members only) and doubles paddling are permitted.

### Exclusion of Members and Visitors

- Club members, parents/carers and trial paddlers who have been in Victoria in the previous 14 days, or any other [location listed by NSW Health](#), must stay at home and follow the directions of NSW Health. Members should not participate in any club activities until they have completed the self-isolation period and are symptom free.
- The [NSW Health case list and alerts](#) are constantly being updated so club members should stay vigilant and actively monitor NSW Government Covid-19 announcements.

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- Committee members reserve the right to ask members if they have visited any of the NSW Health Covid-19 case locations.

### **Junior Paddlers:**

Young participants should be accompanied by no more than one parent or guardian, if possible. Parents / guardians must comply with the Club's Covid-19 Safety practices and practice social distancing between themselves, other visitors and Club members.

### **Trial Paddlers and New Members:**

- Trial paddlers need to make an appointment via [committee@shirekayaking.info](mailto:committee@shirekayaking.info) for all 3 of their trial paddles. A suitable club member will be assigned to brief the paddler on the Club's Covid-19 safety procedures. They will also assist the trial paddler with their trial paddle. The Opening / Closing Officer should complete the paperwork on behalf of the paddler. A trial paddler is not required to sign (or touch) the documents.
- Drop in trial paddlers will be encouraged to make an appointment for another time. However, approval from a Committee Member maybe given for the person to paddle.
- A suitable club member will be assigned to a new member to brief them on the Club's Covid-19 safety procedures.

### **Time Trails**

- Until further notice, participants will be asked to make a gold coin donation (no change will be given) into a money jar. The money should not be handled by event organisers.
- Participants need to provide their own race number holder and thoroughly clean the race number before it is returned to the box.

### **Limiting Visitors and Guests**

- Spectator attendance at local community sport needs to be limited. As such, members are requested not to invite non-paddling guests or spectators to SSCC activities.
- Similarly, we ask the parents/carers of our junior members to limit spectator attendance to one parent / carer per child, and no siblings or other family members. Whilst this may be inconvenient, we as a club, need to take all reasonable efforts to minimise crowds and spectators at our events.

## Roles and Responsibilities

**Covid-19 Safety Officer** is accountable for:

- Acting as the contact point for:
  - (a) Our members and participants to ask questions relating to the Club's Covid-19 safety procedures;
  - (b) Communication with members in regard to Covid-19;
  - (c) Coordination with the Government, public health and other authorities including providing club attendance information and other data that may be required to assist with infection control.

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- Regularly reviewing and amending the SSCC Covid-19 Safety Plan and club operating procedures to ensure the Club complies with NSW Government health regulations and the directions and guidelines of Paddle Australia. This includes making recommendations to limit, postpone or stop club activities in response to changes in the Covid-19 situation impacting the Club.
- Ensuring club volunteers are properly trained and can action the Club's Covid-19 Safety Plan including how to safely assist a club member or visitor who becomes ill.

The **designated Clubhouse Opening and Closing officer** will:

- Ensure the Covid-19 Safety posters are prominently displayed.
- Ensure members have emergency access to medical equipment and the defib unit which is located in the clubhouse.
- Record the names and contact information of the members and visitors (including the parents / guardians of junior members) who attend club paddle days and events. Members will not touch the attendance register.
- Monitor activities to ensure members comply with the Club's Covid-19 Safety plan, in particular they do not access the kitchen area, minimise the sharing of equipment and fully clean club equipment before they return it. Committee members will assist with this activity.

**SSCC Committee Members** are accountable for:

- Ensuring members and visitors practice safe social distancing and good hygiene practices.
- Ensuring members have access to hand sanitiser and disinfectant.
- Approving and implementing the SSCC Covid-19 Safety Plan and club operating procedures.

Until further notice, Committee meetings will be held outdoors with the appropriate social distancing in place or via zoom. The AGM will be outdoors with committee members monitoring that social distancing is being observed.

### Covid-19 Information

- If you're concerned you have COVID-19, please call your GP or the National Coronavirus Health Information Line for advice on 1800 020 080.
- Symptom Checker: <https://www.healthdirect.gov.au/symptom-checker/tool>
- The **COVIDSafe app** for your mobile phone is available for download. More information can be found via the Australian Government website - [www.health.gov.au/resources/apps-and-tools/covidsafe-app](http://www.health.gov.au/resources/apps-and-tools/covidsafe-app)
- Find the facts about COVID-19: <https://www.nsw.gov.au/covid-19/find-facts-about-covid-19>
- Latest NSW Health updates and statistics: [https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx?fbclid=IwAR3YN2xcFG\\_kZwgL799fbMkYy\\_Bh9zE-V5sZ1-FdA2f7qjE23V1dcAQ\\_u4](https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx?fbclid=IwAR3YN2xcFG_kZwgL799fbMkYy_Bh9zE-V5sZ1-FdA2f7qjE23V1dcAQ_u4)

### Supporting Information

#### Paddle Australia:

- [Covid-19 Advice](#)
- Return to Paddling – Infographic Posters <https://paddle.org.au/2020/06/05/return-to-paddling-infographic-posters/>

## Sutherland Shire Canoe Club Covid-19 Safety Plan

Documents and Posters promoting regular and thorough hand washing by employees, volunteers and participants and providing relevant guidance by displaying posters:

<https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources>

### Document History

Version 1.0 Created	Annette Mathews	June 2020
Reviewers	Janet Small, John Denyer	June 2020
Approved By	SSCC Committee	June 2020

### Revision History

<b>Revision Date</b>	<b>Summary of Changes</b>	<b>Revised By / Date</b>	<b>Approved By / Date</b>
2020—07-18 Version 1.1	Changes required to comply with an announcement by the Acting NSW Minister for Sport relating to: the exclusion of the people who have been to Vic or other Covid-19 locations; limiting spectators.	Annette Mathews 18/7/2020	John Denyer Janet Small